



SENIOR ADVISORY BOARD MINUTES

Monday, February 21, 2022

Rowlett City Hall

4000 Main Street

Rowlett, TX 75088

Present: Regular members: Chair: Kenneth Williams; Vice Chair: Susan Bell; Virginia Denson, Alberta Reese, Wathenia Clark; Alternates: Dianna Lieberenz, Sharon Pouzar

Absent: Cheryl Smith

Visitors: Brownie Sherrill, Larry and Gaylynn Beckham, Lien Nguyen

Staff: Shelly Monroe, Parks and Recreation Administrative Assistant; Pamela Bell, City Council Liaison; Aaron Cleaver, Parks and Recreation Director; Colin Paterson, Senior Programmer; Wendy Badgett, Finance Director

1. The Chair, Kenneth Williams, called the meeting to order at 10:00 a.m. Quorum present.
2. Citizen's Input.
No citizen
3. Consider approving the minutes from January 24, 2022.
 - A. Virginia Denson made a motion to approve the January 24, 2021 minutes.
 - B. Alberta Reese seconded the motion.
 - C. Approved 5 to 0.
4. Finance Department Presentation.

Wendy Badgett presented information on department specifics such as Purchasing, Accounting, Utility Billing and Budget. A description of the cost of services approach was reviewed such as there is an external independent firm to conduct an annual utility rate study to ensure fair, appropriate water and wastewater rates are set each October to maintain the integrity of the existing utility infrastructure and support expansion of the system as the population grows. The general budget process was explained which included the budget adoption timeline, priority-based budgeting, Texas Tax Code, Texas Local Government Code and Texas Election Code.
5. Senior Program and activity update.

Participation in senior programs at the Rowlett Community Centre is starting to bounce back and new memberships are being seen. A trip to the Canton Flea Market will be on March 4th. A trip to Fort Worth Botanical Gardens is planned for March 22nd. Staff is looking to add a travel agency to partner for senior trips. Next Tuesday there is marketing event at Evergreen senior living community. If members know of anyone who could be a line dancing instructor to contact C. Paterson.



6. Update from City Liaison, Pamela Bell.
 - A. Thanked the Senior Advisory Board for attending the City Council Work Session last week to support the AARP Livable Communities presentation.
 - B. Economic Development shared an updated list of businesses opening in Rowlett. She will send the list to S. Monroe who can forward to board members.
 - C. She indicated receiving questions about individuals in the streets asking for money. Peddling is not against the law so if persons refrain from giving money the peddlers will not stay around the city streets.
 - D. Tammy Dana-Basian retired as the mayor. Matt Grubisich is residing as Mayor but not considered as a “fill in”. City Council Place 2, 4, and 6 will be on the ballot, as well as filling the vacancy for Place 1. The filing closes in mid-February.
 - E. Briefly spoke about Rowlett growing and traffic increase. Jackson Shaw will be holding public input meetings on March 1st, 8th and 27th for Lakeview Business District on the Northshore expansion. The time is 7pm - 9pm at the Rowlett Community Centre.
 - F. There are plans to speak to The Luxe at Rowlett on senior programming.
7. Follow up on Understanding Alzheimer’s Disease seminar held February 8, 2022.

There were approximately 23 attendees. Speaker was excellent and there was a lot of input from attendees. Handouts were provided and very informative during hour and half session.
8. Follow up on the seminar scheduled for March 8th.

The draft flyer for this seminar was presented to members for review and members agreed to use it for promotion. Ashleigh Knight with FOX Rehabilitation will be the speaker for health and fitness.
9. Follow up on whether to hold an education seminar in April 2022.

Since there will be no Health Fair in April, members discussed whether to hold a seminar April 12th. Members recalled the various topics suggested in fall 2021. It was suggested to hold a forum of some type for the city council candidates so seniors can have more awareness of those who are running for the open positions and provide an opportunity to share any senior concerns.
10. Follow up on planning a Resource Fair in September 2022.

Board members reviewed a list of possible vendors and began discussion on the vendors to invite for the Resource Fair. There are a few more suggested vendors mentioned are a travel agency, mental health, and attorney. The goal is to confirm the invite list by May since invites need to go out in June.
11. AARP Livable Communities Age-Friendly Action Plan update.
 - A. City Council approved the AARP Livable Communities Age-Friendly Action Plan on February 15, 2022. The action plan was submitted to AARP, and it was approved. A certificate was received and is valid until January 13, 2025. Stakeholder meetings will be scheduled to begin the implementation phase for year 1. Social Participation and Inclusion team will meet tomorrow morning. One of the elements is to speak with Youth Advisory Council on intergenerational activities in April and S. Pouzar and S. Bell volunteered.



- B. On the city website a special link has been added where the public can review the Action Plan. The Action Plan isn't downloaded to AARP website yet but should be soon according to AARP.
12. No Senior Concerns.
Larry Beckham asked about senior citizens being about to speak freely during Senior Advisory Board meetings during Senior Concerns agenda item and the process has changed to something more formal. He also asked about citizens being invited to participate in the AARP stakeholder meetings since Darrell Test mentioned a topic during the last meeting yet didn't receive a response. Aaron Cleaver will have C. Paterson follow up with D. Test. The processes have adapted because of the Open Meetings Act.
13. No Public announcements.
A. Lunch on the Lawn starts March 21st on each Monday from 11:00am to 2:00pm located downtown.
B. Family Campout will be held March 26th 3:00pm - March 27, 2022 9:00am at Pecan Grove Park. \$10 per person and free for kids under age 7.
C. Early voting taking place through end of the week. Election Day is next Tuesday, March 1, 2022.
14. No Members of the board requested topics for future meetings.
15. Kenneth made a motion to adjourn at 11:30 am. Alberta seconded the motion. All those present approved.

Kenneth Williams, Chair

Aaron Cleaver, Parks & Recreation Director